

LEAGUE PLAYING RULES

National High School Federation Volleyball Rules for 2024 shall govern play, insofar as, they do not conflict with the rules stated herein:

1. Prior to the start of each match, the official shall conduct a coin toss between the managers of each team. The official shall ask the winner of the toss whether their team chooses to:

- a. Serve/Receive
- b. Select the playing area

The loser of the toss will be given the remaining choice.

2. The net height shall be approximately 8 feet.

3. *A match consists of three 25-rally point games, decided by at least 2 points, with a cap of 27 points. All three games will count toward league standings.*

Tournament Scoring: A Match consisted of two 25-rally point games, decided by at least 2 point, with a cap of 27 points. If the first two sets are won by the same team, a third set won't be played, but if a third set is played it will be played to 15-rally points with no cap must win by 2.

4. There shall be no uniform requirement for league play

5. Substitutions may be made during any dead ball period. A re-entering player must either return to the game for the person who substituted for him/her or rotate into the next available position of the same gender. Once a team establishes a substitution system (**guy sub for guy, girl sub for girl**) that team must keep that system throughout that game.

6. Match time is forfeit time (See Rule #7 for minimum players allowed). One game will be forfeited at the scheduled match time; the second game will be forfeited at 10 minutes following scheduled match time, and the match will be declared a forfeit at 20 minutes past match time. **A forfeit fee of \$50.00 will be assessed any team which forfeits an entire match for any reason without notification to the Casper Recreation Center Coordinator by 12:00 p.m. the day of the event.** This fee must be paid before that team's next scheduled match or the team will not be eligible for the season ending tournament.

7. A team shall be comprised of six players, three men and three women or more women than men. If only five players are present, teams may play with 3 men and 2 women or more women than men. Teams may play with four players as long as at least two women are on the court. At least one man must be on the court at all times. In all cases, a woman must contact the ball if there is more than one hit on that side (see Rule #14). **Players MUST be 15 years of AGE to be allowed to play in the Coed Volleyball League. Players may only play on one team, the one they are rostered on.**

8. If a player arrives late and a team is playing with less than 6 players, that player may enter the game on the first dead ball at any position on the court. If a team has 6 players present and an additional player arrives, that player may enter the current game following applicable rotation and substitution rules.

9. Any ball hitting an overhead obstruction (backboard, ceiling and support beams) shall remain in play providing the ball remains on your side of the net, your team has a hit remaining, and it does not occur on the serve.

10. The dividing net between courts #1 & #2 and courts #2 & #3 is out of bounds and the ball will be declared dead if it touches the white dividing net. **Due to safety reasons, players are NOT ALLOWED to push the dividing net so another player can hit the ball. If this happens, the ball will be declared dead, resulting in a side-out.**

11. **ONLY** team captains may discuss rule interpretations with the officials.

12. Serving order and positions on the court at the service shall be an alternation of male and female or vice versa when possible. **A player shall receive one service tossing error per rotation. Overhand jump serving is not allowed in the lower divisions (6-8).**

13. Teams are allowed one time out per game - 60 seconds in length.
14. When only one male player is on the front line at service, one male back line player may be forward of the attack line for the **purpose of blocking**. No female back line player may participate in a block.
15. Profanity and unsportsmanlike conduct can result in ejection and/or disqualification from future matches (See Code of Conduct).

LEAGUE STRUCTURE AND TOURNAMENT PROCEDURE

Teams are placed into divisions based as much as possible by their own choice; however, the **CRLA Board** makes the final decision. Regular season schedules consist of round robin play. All teams will qualify for the double elimination tournament at the end of the season. For tournament play, teams will be divided into divisions to make the tournament as competitive as possible. Plaques will be awarded based on the number of teams in each division for regular season as well as the post season tournament.

The following is the policy for determining league champion:

- a. Outright league champions (best win-loss record).
- b. In the case of a tie, head-to-head competition will determine the winner.
- c. In case of a tie-on head-to-head competition, the total point differential between teams tied, then total point differential in all games played will be used to determine the winner.
- d. If two teams are still tied, a flip of a coin will determine the winner.

CASPER RECREATION CENTER RULES

When playing in the Casper Recreation Center, every participant will be required to follow the rules listed below:

- 1 The gym shoes worn on the gym floor should not be the same shoes worn in from the outside. Shoes must be changed before participating in the gym. The gym shoes must be non-marking.
- 1 Participants who desire to use the locker rooms are required to have a CASPER RECREATION CENTER PASS or pay a daily admission fee. This pass is to be turned in at the reception counter upon entering the facility and should be picked up when leaving.
- 1 **Children 14 years or younger will be allowed in the gymnasium area to watch the matches providing they are sitting with a non-playing adult. Anyone bringing unsupervised children to the gym will be asked to remedy the situation or risk forfeiture of their team's match.**
- 1 The City of Casper DOES NOT carry insurance for participants in any City sponsored teams. Team and individual insurance may be obtained from various companies. For more information, contact the City of Casper Risk Manager's Office at 235-8212.