

## LEAGUE PLAYING RULES

National High School Federation Volleyball Rules for 2023 shall govern play, insofar as, they do not conflict with the rules stated herein:

1. Prior to the start of each match, the official shall conduct a coin toss between the managers of each team. The official shall ask the winner of the toss whether their team chooses to:

- a. Serve/Receive
- b. Select the playing area

The loser of the toss will be given the remaining choice.

2. The net height shall be approximately 8 feet.

3. *A match consists of three 25-rally point games, decided by at least 2 points, with a cap of 27 points. All three games will count toward league standings.*

**Tournament Scoring:** A Match consisted of two 25-rally point games, decided by at least 2 point, with a cap of 27 points. If the first two sets are won by the same team, a third set won't be played, but if a third set is played it will be played to 15-rally points with no cap must win by 2.

4. There shall be no uniform requirement for league play

5. Substitutions may be made during any dead ball period. A re-entering player must either return to the game for the person who substituted for him/her or rotate into the next available position of the same gender. Once a team establishes a substitution system **(guy sub for guy, girl sub for girl)** that team must keep that system throughout that game.

6. Match time is forfeit time (See Rule #7 for minimum players allowed). One game will be forfeited at the scheduled match time; the second game will be forfeited at 10 minutes following scheduled match time, and the match will be declared a forfeit at 20 minutes past match time. **A forfeit fee of \$50.00 will be assessed any team which forfeits an entire match for any reason without notification to the Casper Recreation Center Coordinator by 12:00 p.m. the day of the event.** This fee must be paid before that team's next scheduled match or the team will not be eligible for the season ending tournament.

7. A team shall be comprised of six players, three men and three women or more women than men. If only five players are present, teams may play with 3 men and 2 women or more women than men. Teams may play with four players as long as at least two women are on the court. At least one man must be on the court at all times. In all cases, a woman must contact the ball if there is more than one hit on that side (see Rule #14). **Players MUST be 15 years of AGE to be allowed to play in the Coed Volleyball League. Players may only play on one team, the one they are rostered on.**

8. If a player arrives late and a team is playing with less than 6 players, that player may enter the game on the first dead ball at any position on the court. If a team has 6 players present and an additional player arrives, that player may enter the current game following applicable rotation and substitution rules.

9. Any ball hitting an overhead obstruction (backboard, ceiling and support beams) shall remain in play providing the ball remains on your side of the net, your team has a hit remaining, and it does not occur on the serve.

10. The dividing net between courts #1 & #2 and courts #2 & #3 is out of bounds and the ball will be declared dead if it touches the white dividing net. **Due to safety reasons, players are NOT ALLOWED to push the dividing net so another player can hit the ball.**

11. **ONLY** team captains may discuss rule interpretations with the officials.
12. Serving order and positions on the court at the service shall be an alternation of male and female or vice versa when possible. **A player shall receive one service tossing error per rotation.**
13. Teams are allowed one time out per game - 60 seconds in length.
14. When the ball is contacted more than once by a team, a female player shall make one of the contacts. Contact of the ball during a block shall not constitute a hit. There is no requirement for a male player to contact the ball regardless of the number of contacts by a team.
15. When only one male player is on the front line at service, one male back line player may be forward of the attack line for the **purpose of blocking**. No female back line player may participate in a block.
16. **Profanity and unsportsmanlike conduct can result in ejection and/or disqualification from future matches (See Code of Conduct).**

#### LEAGUE STRUCTURE AND TOURNAMENT PROCEDURE

Teams are placed into divisions based as much as possible by their own choice; however, the **CRLA Board** makes the final decision. Regular season schedules consist of round robin play. All teams will qualify for the double elimination tournament at the end of the season. For tournament play, teams will be divided into divisions to make the tournament as competitive as possible. Plaques will be awarded based on the number of teams in each division for regular season as well as the post season tournament.

The following is the policy for determining league champion:

- a. Outright league champions (best win-loss record).
- b. In the case of a tie, head-to-head competition will determine the winner.
- c. In case of a tie-on head-to-head competition, the total point differential between teams tied, then total point differential in all games played will be used to determine the winner.
- d. If two teams are still tied, a flip of a coin will determine the winner.

#### CASPER RECREATION CENTER RULES

When playing in the Casper Recreation Center, every participant will be required to follow the rules listed below:

- 1 The gym shoes worn on the gym floor should not be the same shoes worn in from the outside. Shoes must be changed before participating in the gym. The gym shoes must be non-marking.
- 1 Participants who desire to use the locker rooms are required to have a CASPER RECREATION CENTER PASS or pay a daily admission fee. This pass is to be turned in at the reception counter upon entering the facility and should be picked up when leaving.
- 1 **Children 14 years or younger will be allowed in the gymnasium area to watch the matches providing they are sitting with a non-playing adult. Anyone bringing unsupervised children to the gym will be asked to remedy the situation or risk forfeiture of their team's match.**
- 1 The City of Casper DOES NOT carry insurance for participants in any City sponsored teams. Team and individual insurance may be obtained from various companies. For more information, contact the City of Casper Risk Manager's Office at 235-8212.

CITY OF CASPER  
RECREATION DIVISION AND CASPER RECREATIONAL LEAGUES ASSOCIATION  
ATHLETIC LEAGUE REFUND POLICY

TEAM ENTRY FEES - (or individual if applicable)

Planning for athletic leagues is extensive. Not only do the facilities have to be secured for a defined length of time, but divisions have to be drawn up and the length of the season (number of games, etc.) has to be determined before the actual game scheduling begins.

Much of this is done on projection based on the number of teams from the previous year. However, the final organization and scheduling (which is the most time consuming) does not begin until the deadline for submitting entry fees has passed.

If a team drops out at this point, it will affect the division draws that have already taken place. To have to re-draw divisions or to back up and have to reschedule a division is costly and time consuming.

Teams should be certain that they would have enough players before they pay their entry fee. When they pay their entry fee, they are making a commitment to field a team and should be held responsible for upholding that agreement.

Once the deadline has passed, NO REFUNDS SHALL BE GIVEN.

Coed Volleyball Leagues' deadline for team refund requests is February 5, 2023.

# Code of Conduct

The Casper Recreational Leagues Association (CRLA) wants to ensure that games are fair, positive and enjoyable experiences for all that are involved. The CRLA expects all athletes, coaches/managers, officials/umpires and spectators to hold themselves to high standards of sportsmanship. Officials/Umpires and game management are there to help ensure fair play and provide a positive experience for everyone. Please treat all accordingly. In keeping with our mission, the CRLA expects all players, coaches, referees/umpires and spectators to maintain self-control at all times while remaining positive and showing respect for your team, opponents and officials/umpires at all times.

As a participant in CRLA Leagues, it is your responsibility to uphold and enforce the Code of Conduct including the following:

1) No player, official, spectator or participant shall at any time lay a hand upon, shove, strike, spit on or at or threaten another player, official, spectator or participant. Officials/Umpires are required to suspend the player(s) immediately from further play and report such player(s) to the Recreation Supervisor of Sports. Such player(s) must leave the facility immediately and shall remain suspended until the CRLA Board Representatives and Recreation Supervisor of Sports have considered their case.

2) No player(s) shall at any time refuse to abide by an official's decision, use obscene gestures or language, be guilty of an abusive verbal attack upon any player, official or spectator, or use unnecessary tactics including those against the body or person of an opposing player. The "F" word will result in an automatic ejection. Officials/Umpires are required to suspend such player(s), who must leave the facility, immediately from further play and report such player(s) to the recreation Supervisor of Sports. If during tournament play, the player(s) is not eligible to compete in the balance of the tournament.

3) If a legally rostered player participates illegally on another team, the illegal player will be suspended for 2 games and must pay \$50 to be reinstated. If a team utilizes an illegal player, the game will be declared a forfeit and the team must pay the \$50 forfeit fee in order to continue league play.

4) An ejected player is ineligible for all CRLA sanctioned play for two games and he/she must pay CRLA a \$50.00 fine prior to playing again. The \$50.00 fine must be paid by 12:00 pm (noon) of the date the ejected player is eligible to rejoin the league. The \$50.00 fine will carry over to the next year if it has not been paid.

5) No player(s) shall possess alcohol, drugs or be under the influence of such. Softball: No player(s) shall smoke tobacco products on the field of play (within the fences or dugout). Officials/Umpires are required to suspend such a player(s) (in case of smoking at Softball Fields only after a verbal warning) immediately from further play and report player(s) to the Recreation Supervisor of Sports.

Penalties for the above infractions will be:

**MINIMUM PENALTY:** Suspension for two league games, probation for the remainder of the season.

**MAXIMUM PENALTY:** Suspension from all CRLA sponsored events for two years and probation for the following year at the discretion of the CRLA Board of Directors and Recreation Supervisor of Sports. Suspension from all Recreation Division Sponsored facilities and programs for two or more years is at the discretion of the Recreation Manager and/or the Parks & Recreation Director.