



Casper After School Program for Education and Recreation



The Natrona County School District #1 and the Casper Recreation Division are sponsoring volleyball, basketball and track programs for all 4th and 5th grade students in the school district known as **C.A.S.P.E.R.** (Casper After School Program for Education and Recreation).

This program is designed to provide an opportunity for the students to practice with a team from their own school and participate with teams from other schools under adult supervision and coaching.

General Information

1. Teams will be composed of 6 to 9 players. All students will have the opportunity to plan an equal amount of time.
2. Each coach is responsible for setting practice dates and times. We recommend at least one, but no more than two, practices per week. Schools set up the practice times depending on when the school gym is available. The coach may get in contact with the school to set the practice times.
3. All games will be scheduled for Saturdays for 6 weeks.
4. All referee and scorekeeper duties will be handled by the Casper Recreation Center.
5. Regulation sports rules will be adhered to, with the exception of minor changes and adaptations due to the age or experience level of the players.
6. No medical examination is required, but it is important that you note unusual physical problems on the permission slip.
7. Matches will consist of 3 games to 21. All 3 games will be played. Games are 45 minutes.
8. Rotations will consist of players will rotate in the front row, in front of the server. This will allow player to play all positions and come out at the serve. Or players can come out in the back row to the left. Players will come in and out in the same position.



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Student and Parent Responsibilities

1. No student is allowed in the activity room until a supervising adult is present. This applies in the home school or when at a visiting facility.
2. Student spectators are not allowed at games unless they are accompanied by their own parents, or a legal guardian. If parents fail to supervise younger children they may be asked to leave.
3. Candy and gum are prohibited in all activity rooms. No smoking is permitted in the activity rooms or in the hallways.
4. At no time are players allowed to roam the halls. Students are to remain in the activity room or leave the building.
5. The office telephone is not for student use after school hours unless they are accompanied by an adult.
6. All homework and clothing will be taken to the activity room after school. No one will be allowed to enter the classrooms to pick up these things after practices.
7. Students are responsible for their own clothing, valuables and books. It is suggested they carry such items to the gym with them.
8. No one will be allowed to sit on the edge of the stage.
9. Student behavior at after-school activities will determine whether or not they will be allowed back. All students are to observe the same regulations that apply in their home school when visiting another facility.
10. **PARENTS:**
 - Will demonstrate positive sportsmanship
 - Will not approach referees or coaches during or after games
 - Will not use profanity or obscene language
 - Will follow procedures for complaints or concerns through the Principal's office