



## 2024-2025 C.A.S.P.E.R. Basketball

*NATIONAL HIGH SCHOOL FEDERATION RULES WILL BE USED WITH THE FOLLOWING EXCEPTIONS:*

1. Games will consist of four (4) eight (8) minute quarters with a running clock. The clock will stop for time-outs, free throws and injuries.
2. Teams will be granted 3 time-outs per regulation game (1 minute each).
3. Half-time will be a minimum of 3 minutes.
4. The 3-point shot *will* be allowed for all divisions.
5. Pressing is illegal in the 4<sup>th</sup> and 5<sup>th</sup> grade divisions. Defensive players may pick up the offensive player at half-court.
6. Zone or trapping defenses are not allowed be used in the 4<sup>th</sup> and 5<sup>th</sup> grade divisions.
7. An intermediate (28.5) ball will be used.
8. Teams will be allowed 7 team fouls in a half. Once 7 team fouls are given in a half, the opposing team will receive 2 free throws on any foul violation.
9. **Players will wear their issued t-shirts/jerseys. The home team will be the first listed and will wear white, the away team will wear black.**
10. Positive sportsmanship is a requirement. Any coach or player who receives 2 unsportsmanlike technical fouls during the league will be suspended for the remainder of the league. Spectators ejected will not be permitted to attend any remaining league games. Appeals may be made to the Recreation Division Manager and Program Coordinator in writing.
11. The shoes worn while walking into the facility should not be worn on gymnasium floors. Shoes should be changed and be non-marking.
12. One representative from each team will be responsible for running the clock and the other will be responsible for keeping the scorebook. This is different from years past.
13. Officials new/ and under the age of 18 years or younger will be wearing a green lanyard with their whistle. This is a new program to protect and retain young officials. Verbal abuse of officials is at an all-time high. These kids are learning to play the game as our officials are learning to officiate the game. Please be kind to the officials.
14. Please have a meeting with all of your parents so they understand the rules and the sportsmanship expectations.

### League Contacts:

Recreation Sports Supervisor, Baylor Hellmuth.....[bhellmuth@casperwy.gov](mailto:bhellmuth@casperwy.gov), 233-6605  
Recreation Sports Coordinator, Amy Boyer..... [aboyer@casperwy.gov](mailto:aboyer@casperwy.gov). 235-8388