



Addition of the Libero into adult volleyball leagues

The **libero** is a player specialized in defensive skills: the **libero** must wear a contrasting jersey color from their teammates and cannot block or attack the ball when it is entirely above net height. When the ball is not in play, the **libero** can replace any back-row player, without prior notice to the officials.

Let's go over basics first:

- A libero is a designated back row player.
- A team can have only one or two liberos listed on the lineup per match.
- A libero is typically the best passer on the team.
- The libero(s) wear a clearly contrasting color uniform from the rest of their team (to help the officials track this player).
- You do *not* have to use a libero if you don't want to.
- Liberos do not need to officially substitute into or out of the match. They instead switch with their "sub" by running onto or off the court during a dead ball.
- Liberos *most often* switch with middle blockers when they rotate into the back row.
- Liberos are not allowed to "start." Instead, you will have a lineup of "normal" players and have the libero switch after the lineup has been checked by the down ref and they wave your libero onto the court.
- Teams **MUST** have at least 7 players to utilize the libero rule